



Health Care Mitigation Grants Program Final Report

Grant Recipient:	Harbor Community Clinic (aka Harbor Free Clinic)
Contract Number:	HD-8278
Award Amount:	\$33,860
Date Submitted:	January 13, 2015

Total POLB Expenditures:	\$33,860
Total Number Beneficiaries Served:	1,081
Please describe how you determined the number of beneficiaries served.	
<p>The clinic's new Electronic Health Records system allows us to capture data related to patients, visits, diagnoses, procedures, treatments, referrals and more.</p>	

Provide a narrative description of the project.
<p>The goals of the project originally were to:</p> <ol style="list-style-type: none"> 1) Operate an "asthma clinic" for 4 hours once a week to provide asthma education and diagnostic services (roughly 200 hours over 1 year) <ol style="list-style-type: none"> a. Conduct roughly 725 patient visits over 1 year (60 month) b. Services to include: patient assessment, screenings and/or diagnostic tests, diagnosis, and treatment plans 2) Provide health education once a week for 8 hours <ol style="list-style-type: none"> a. Trained health educator to work with patients one-on-one to teach them how to use their asthma action plan and medications and ways to minimize exposure to air pollutants. 3) Purchase a spirometer for respiratory screenings. 4) Develop and /or purchase promotional and outreach materials such as fliers, brochures, and pamphlets. 5) Maintain and provide to City the following records (patient names may be redacted): <ol style="list-style-type: none"> a) Utilization reports b) Invoices for materials, supplies, and equipment (i.e., spirometer, brochures) c) Educational and outreach materials d) Media and press releases

Provide a narrative discussion of the actual project results (outputs and outcomes) based on the metrics defined in your workplan. Please describe the methodology used for any quantitative results. Outcomes and outputs may include, but are not limited to:

- Number of filters installed;
- Number of people served;
- Number of educational sessions held;
- Decrease in missed school/work days;
- Decrease in hospitalizations;
- Improvements in quality of life;
- Other

Use additional sheets if necessary.

Project Results

- 1) 1,081 unduplicated patients were seen for asthma at least once in this time frame (CY 2014), some more frequently, resulting in at least, but probably more than, 1081 asthma-related visits, exceeding by 49% the original projection of visits anticipated. In addition, 558 prescriptions were written for asthma treatment, and 30 home nebulizer systems given to patients who needed them. These visits were provided in our General Medicine program and entailed patient assessment, screenings and/or diagnostic tests, and referrals to other resources when appropriate.**
- 2) One-hour weekly educational sessions were held for our patients, facilitated by respiratory health experts from a variety of community partners (Providence-Little Company of Mary Medical Center, BREATHE L.A., LBACA, LA Care Health Plan and L.A. BioMed). There were a total of 40 such educational sessions between February 5 and December 31, 2014. One-on-one training to teach patients how to use their asthma action plan and medications and ways to minimize exposure to air pollutants was provided in General Medicine visits by our physicians, nurse practitioners and physician assistants.**
- 3) A Spirometer was purchased in January 2014 and was utilized throughout the year to screen and assess pulmonary function.**
- 4) Outreach materials and brochures were developed by our Community Outreach Coordinator and distributed throughout the community by the Coordinator and others involved in marketing the clinic's services.**
- 5) Invoices, sign-in sheets and promotional materials have been forwarded to the POLB along with our reports each quarter.**