



Health Care Mitigation Grants Program Final Report

| | |
|-------------------------|---|
| Grant Recipient: | The Children’s Clinic, “Serving Children and Their Families” |
| Contract Number: | HD-8385 |
| Award Amount: | \$221,600.00 |
| Date Submitted: | July 28, 2016 |

| | |
|---|--------------|
| Total POLB Expenditures: | \$221,600.00 |
| Total Number Beneficiaries Served: | 6,500+ |
| Please describe how you determined the number of beneficiaries served. | |
| <p>TCC determined the number of beneficiaries via the use of our electronic health record reporting system Epic and sign in sheets for workshops, classes and events.</p> | |

| |
|---|
| Provide a narrative description of the project. |
| <p>TCC Care Teams made up of providers, medical assistants, behavioral health and assisted TCC patients in navigating the health care system and supported their efforts to learn about the importance of managing their care. POLB funding was instrumental in providing support for TCC’s Care Team at The Children's Clinic Family Health Center Central Long Beach and The Vasek Polak Children's Clinic Family Health Center. Each Care Team consists of one project manager, one provider and one medical assistant trained as a health coach. In addition, each care team has access to a behavioral health services staff for mental health referrals and access to TCC's medical legal partnership with the Legal Aid Foundation of Los Angeles for health related legal matters as well as support from our Health Education and Outreach team which helps with enrollment and healthy lifestyles education and well as the community health worker visitation program. Each Care Team was assigned a panel of patients to oversee and utilized Electronic Health Records for reporting and in order to assist with case management and patient navigation.</p> |

| |
|--|
| <p>Provide a narrative discussion of the actual project results (outputs and outcomes) based on the metrics defined in your workplan. Please describe the methodology used for any quantitative results. Outcomes and outputs may include, but are not limited to:</p> <ul style="list-style-type: none"> ▪ Number of filters installed; ▪ Number of people served; ▪ Number of educational sessions held; ▪ Decrease in missed school/work days; ▪ Decrease in hospitalizations; ▪ Improvements in quality of life; ▪ Other <p>Use additional sheets if necessary.</p> |
|--|

Our goals for the project were to:

Pilot two B2H II Care Teams

TCC was able to pilot the Care Team model at two of our locations, The Children's Clinic Family Health Center Central Long Beach and The Vasek Polak Children's Clinic Family Health Center. Each Care Team consisted of one project manager, one provider and one medical assistant trained as a health coach. Each Care Team had access to a behavioral health services staff for mental health referrals and access to TCC's medical legal partnership with the Legal Aid Foundation of Los Angeles for health related legal matters. They also had support from our Health Education and Outreach team and the community health worker visitation program. Each Care Team was assigned a panel of patients to oversee and utilized Electronic Health Records for reporting and to assist with case management and patient navigation. Through the Care Teams we were able to improve TCC's capacity to provide comprehensive care, health education and enabling services to vulnerable and sensitive populations

Provide access to comprehensive, coordinated, and patient centered care for patients in target zones

TCC provided access to high quality care for at least 3,000 children, the elderly, pregnant women and people with respiratory/cardiopulmonary illnesses and impairments through this project.

Improve patients' capacity to actively participate in the management of their chronic condition

TCC's Health Education and Outreach team provided education and support to 3,500 patients helping them improve their capacity to manage their care by providing self-management support.

Identify and develop opportunities to integrate health communication aligned with B2H II program

TCC created instructional videos, provided in clinic lobby education, participated in community forums as well as developed traditional health communications materials that support patient self-management.

TCC's Health Education & Outreach team provided services to over 6,500 individuals throughout the project period. The activities include (1) Health Coverage Enrollment; (2) Inreach; (3) Education and (4) Outreach.

The Asthma related activities included:

- In Exam Room Education
- Asthma Home Visits
- Asthma Phone Education
- Educating TCC staff on Asthma during All-Staff meetings

During the grant period TCC served a total of XXXX patients with a diagnosis of Chronic Obstructive Pulmonary Disease (COPD). 1,600 of those patients were from The Children's Clinic Family Health Center Central Long Beach and 1,392 were from The Vasek Polak Children's Clinic Family Health Center. Ages ranged from 0 to 89 years of age, with the highest concentration in children under the age of 18. Conditions included mild intermittent asthma with no complications to persistent asthma well poorly controlled to well controlled.